

Lesson	Subject: CRICKET	Year:	Group:	Total No.:	M:	F:
	Lesson: Batting	Ability:	Period:	SEN:		
		Duration:	w/c			

Objectives: To be able to accurately replicate and perform the different types of Drives e.g. Off and On drives. To know and understand how to accurately replicate and perform these shots; where these shots are played; what types of delivery these shots are played to; and what movements have to be made to accurately replicate and perform these defensive shots. To know and understand the importance of playing the ball along the floor in Cricket and also playing straight.

Activity	Description	Objectives	✓ Teaching Points	Evaluation / Performance	Differentiation and Creativity	
Student Warm Up	The pairs chosen last lesson lead the warm up	To be able to lead the group through heart raising exercises.	- listen to and follow instructions of those leading the warm-up	Observe pupils performances	① Ask students how they could make warm up easy / harder / intense	
Student Stretches	Students arranged in a circle. Students lead through series of stretches	To understand the importance of stretching at the start of the session. To be able to demonstrate stretches relevant to Cricket	- Hold stretches for 8 seconds. - No bouncing.	Q & A on benefits of stretching and their warm ups	⬆️ Get pupils to incorporate stretching with Objects used in lesson	
Batting <i>- Off Drive</i> <i>- On Drive</i>	1. In 4's – A Hits the ball off a tee (cone) at the target (2 cones 7m apart). B & C are fielders stopping the ball. D sets the ball on tee. 3 goes	To be able to accurately replicate and perform the proper grip, stance, and back lift correctly To clearly understand and know why these skills are important in Batting in Cricket	Grip - V formed by thumb and forefinger - Fingers and thumbs wrapped around the handle - Hands close together close to bat Stance - Head facing down pitch with eyes level - Knees slightly flexed - feet parallel to crease Back swing - Eyes fixed on ball - Left shoulder and elbow point toward ball - Bat rhythmically swing above the stumps - Elbow clear of body	Pupils highlight weaknesses and good points of batting and fielding Q & A : Are they performing the skill and techniques at speed and precision	⬆️ add cones for targets ⬆️ decrease size of fielders area ⬆️ increase size of fielders area <u>Competition</u> : each pupil has 3 goes each whilst opponents try to prevent ball. Opponents must use Long Barrier. M/C - Discuss tactics of games and tactics of batting	
	2. D drops the ball in marked area for A to hit 1 feeds – 2 field between the cones	To clearly demonstrate that they know and understand How to accurately replicate and perform these skills. To be able to accurately replicate and perform the different types of Drives e.g. Off and On drives	To know and understand how to accurately replicate and perform these shots; where these shots are played; what types of delivery these shots are played to; and what movements have to be made to accurately replicate and perform these shots	Straight drive - Correct grip and rhythmical swing - Head and shoulder leads towards the ball - Weight now on bent front leg - Bat swings down Contact - Contact is made underneath the eyes - Bat vertical and on line Follow through - High bat and hand finish high in line of the ball	Q & A : Are they outwitting their opponents When batting <i>M/C</i> – Pupils analyse tactics and strategies used when batting <i>M/C</i> – Evaluate performances of outwitting opponents when batting	⬆️ Double runs for driving balls straight <i>M/C</i> - Discuss tactics of games and tactics of batting <i>M/C</i> = Test the students knowledge and understating of the rules and laws that govern batting ⚡ - Discuss the influential strategies and tactics used to beat opponents
	3. Target game : 2 gates : 1 straight, 1 to side - 2pts for straight, 1pt for ball through side cones	To know and understand how to accurately replicate and perform these shots; where these shots are played; what types of delivery these shots are played to; and what movements have to be made to accurately replicate and perform these defensive shots To know and understand the importance of playing the ball along the floor in Cricket and also playing straight.	To know and understand how to accurately replicate and perform these shots; where these shots are played; what types of delivery these shots are played to; and what movements have to be made to accurately replicate and perform these defensive shots To know and understand the importance of playing the ball along the floor in Cricket and also playing straight.			
	GAME: 2 equal teams. Have 3 targets that are straight and to either sides. Players get 4 balls each to hit the ball through these and past boundaries which fielding team is defending - Discuss the skills used to gain ascendancy when Batting, fielding and bowling - Discuss how performers can use varying skills to outwit opponents when Batting, fielding and bowling	To understand the laws governing Batting in Cricket e.g. Getting out; scoring runs, boundaries and sixes To incorporate Batting and Scoring into a small game of Cricket	To understand the laws governing Batting in Cricket e.g. Getting out; scoring runs, boundaries and sixes To incorporate Batting and Scoring into a small game of Cricket			
	<i>Game</i>	GAME : Non – stop Cricket	To understand the laws governing Batting in Cricket e.g. Getting out; scoring runs, boundaries and sixes To incorporate Batting and Scoring into a small game of Cricket	- Use any technique to hit the ball - Use the correct fielding and bowling techniques		⬆️ Double runs for driving ball straight

Cool Down	The 2 students chosen to lead the cool down do so	To understand why you Cool Down and do rhythmical movement after exercise	- listen to and follow instructions of those leading the cool down - complete exercises and stretches	Q & A on the teaching points and objectives of the skill, activity and lesson	⬆️ Ask pupils questions why a Cool down is essential after exercise
Informed Choices and Lifestyle	Discuss the benefits of joining a Cricket club and playing Cricket regularly				
Equipment	Tennis Balls, Cones, Bats, Stumps, Chalk, Pen, Chairs, Fielding Charts, Windballs, Peer evaluation sheets				

ICT	Assessment	Citizenship	Peer Evaluation	Literacy	Numeracy	Pupil planning		
Analysis of perf.	Evaluation	Feedback	Q & A	Mathematics	Art	English	Science	Technology

Comments / Notes / Improvements:

HEALTH AND SAFETY THROUGHOUT THIS LESSON

- Check surfaces are safe for bowling and batting e.g. Flat & Smooth to prevent deflections up into bodies - Remove glass and objects
- Pupils whom are fielding must always be MORE THAN 11 METRES AWAY FROM THE HITTER.
- Pupils must always keep their eyes on the ball
- The ball can only be hit towards the fielders ONLY if there is enough space = 15 metres FOR THESE STROKES.
- If not then the fielders stand on the off side of the batter - and retrieve
- Check all equipment - Use wind – balls or tennis balls at all times
- Make sure the batter is ready. Count to 3 or batter state, identify and reflect on the s when they are ready.
- Feeding must be safe and at correct speed

ADDITIONAL COMMENTS FOR LESSON, SCHEME AND PLANNING DEVELOPMENT

Competence	Performance	Creativity	Health and Active Lifestyle