

	Subject: Netball Attacking Strategies	Year:	Group:	Total No.:	M:	F:
	Lesson: Attacking / Game Play	Ability:	Period:	SEN:		
	NCPE Location: 1.1a; 1.1b; 1.1c; 1.2c; 1.2d; 1.3a; 1.3b; 2.1a; 2.2c; 2.2a; 2.2b; 2.2c; 2.2d; 2.3a; 2.3b; 2.4a; 2.4b; 2.4c; 2.4d; 3.1c; 3.1d; 4a; 4b; 4c; 4d; 4e; 4f; 4g	Duration:	w/c			

Objectives: To incorporate the attacking skills into a game of Netball. To develop their knowledge and understanding of the positions on court
To know and understand the areas that each position is allowed in; To know and understand each positions responsibilities in attack and defence

Key Aspect of Transfers of Skills and Analysis	Throughout every aspect of this session : <ul style="list-style-type: none"> - Discuss and analyse the different types of attacking skills that gain an instant advantage and outwits an opponent - Identify the similarities and the teaching points found in each of these attacking skills to gain a strategic advantage when performing them - Enhance knowledge, understanding and the ability to transfer the range of attacking skills, tactics and approaches to gain ascendancy in practices and games
---	---

Activity	Description	Objectives	✓	Teaching Points	Evaluation / Performance	Differentiation and Creativity
Student Warm Up	The pairs chosen last lesson lead the warm up	To be able to lead the group through heart raising exercises.		- listen to and follow instructions of those leading the warm-up	Observe pupils performances	Ⓛ Ask students how they could make warm up easy / harder / intense
Student Stretches	Students arranged in a circle. Students lead through series of stretches	To understand the importance of stretching at the start of the session. To be able to demonstrate stretches relevant to Netball		- Hold stretches for 8 seconds. - No bouncing.	Q & A on benefits of stretching and their warm ups	⬆ Get pupils to incorporate stretching with Ball
Attacking - Dodging - Space	1. 3 v 1 DEF – working on dodges, space, and principles of att play	To be able to perform the different types of dodges and attacking moves To understand and know how to perform each of these attacking skills and dodges To develop their understanding and knowledge of the benefits of using these dodges and why these are used in Netball. To use imagination and creativity to get into space and use a range of attacking skills and dodges To be able to critically evaluate how well the attacking and defensive play has been and to be able to find ways to improve it To be able to outwit opponents.		- Attack space any where on court - Use dummies and dodges to lose defender - Use an acceleration technique to lose defender and change speeds - Pass to players in space - Use signals and communication in both attack and defence	Ask students for feedback regarding their performances Allow pupils to create strategies to beat opponents Listen to discussion between pupils after each attempt of a movement	⬆ Pupils make up their own dodges to get free ⬆ Increase area ⬆ Decrease area ⬆ Cannot pass the ball to the same person who you received it off ⬆ Increase numbers of defenders
	2. In 6's 2 feeders, 2 ATT, 2 DEF in 10x10 grid. Att dodge to find space to receive from feeders	To be able to analyse performances, identifying strengths and weaknesses in attack and defence To appreciate how to make adjustments and adaptations when performing in groups and teams. To incorporate the attacking skills into a game of Netball To develop their knowledge and understanding of the positions on court To know and understand the areas that each position is allowed in; To know and understand each positions responsibilities in attack and defence To outwit the opponents when performing the skills, techniques, shots and approaches within a game		- They can use any type of method within the rules to advance. - They cannot go out of court in contact with the ball. - No contact allowed - Play fair - Use creativity - Get behind defenders - Attack the space - Constantly move in attack - Communicate with team mates and use these team mates for decoys - Pupils must constantly look to outwit the defenders using various skills, techniques, shots and approaches - Pupils as a unit must try to be creative to outwit the opponents and opposing team to create a scoring	Observe Games and abilities of beating opponents Ask pupils for feedback and analysis of performances in regards to beating opponents M/C - Evaluate within the games whether they are outwitting the opponents through space, movements, dodges and passing M/C - Q & A regarding positions and court restrictions ??? Are the students gaining ascendancy from the skills and strategy? ??? Are the students getting into positive scoring positions? ??? Are they being creative	Cr - Can they create new moves that cause an opp to be tricked Cr - Pupils in pairs refine new skills to perform skills with power and dominance Cr - Students create tactics and strategies (in pairs) Cr - Discuss the influential strategies and tactics used to beat opponents ⬆ Pupils swap positions e.g. GS become GD WA becomes WD C becomes GA - Evaluate how they outwit the opponent from using these attacking skills - Evaluate how other skills and strategies previously learnt that can help the progress the attackers and outwit defenders within numerous skills and situations - Discuss, observe, evaluate and listen to the student's feedback of how you transfer these skills when outwitting the opponents

		To use a variety of shots and skills to outwit the defenders / opponents when attacking To be creative when attacking whether individually or in the game To gain an advantage from the skills, techniques, shots and approaches in a game situation	opportunity from skill / strategy	when attacking?	and defenders - Observe, evaluate and listen to the students feedback of how creative these skills and tactics are when outwitting the opponents and defenders			
Cool Down	The 2 students chosen to lead the cool down do so	To understand why you Cool Down and do rhythmical movement after exercise	- listen to and follow instructions of those leading the cool down - complete exercises and stretches	Ask students for feedback regarding their performances	⬆️ Ask pupils questions why a Cool down is essential after exercise			
Informed Choices and Lifestyle	Discuss the numerous jobs available in Netball e.g. Referee, Coach, Manager, Physiotherapist, Masseur, Development officer, Liaison officer, Sport Rehabilitation, Sports Doctor, Sports Psychologist, Dietician, Sports Journalist, Sports Analyst, Sports Designer - Discuss one role							
Equipment	Half and Full Netball court, Netballs, Posts , Cones / Markers, Bibs, Whistle, Stopwatch, Whiteboards, Video camera, Wipe pens, Digital camera, Laptop, Peer evaluation sheets							
ICT	Assessment	Citizenship	Peer Evaluation	Literacy	Numeracy	Pupil planning		
Analysis of perf.	Evaluation	Feedback	Q & A	Mathematics	Art	English	Science	Technology

Comments / Notes:

HEALTH AND SAFETY THROUGHOUT THIS LESSON

- Tell the students that they must remove all jewellery - Always - check the working areas and equipment used with the session is safe to use
- Stretch muscles thoroughly - Tell them not to kick the balls - Must always keep eyes on ball - NO CONTACT
Don't swing on, move, or misbehave near the goalposts at ALL TIMES - Clearly instruct that the pupils must keep their heads up and eyes open at all times. - Gum-shields can be worn.

ADDITIONAL COMMENTS FOR LESSON, SCHEME AND PLANNING DEVELOPMENT

Competence	Performance	Creativity	Health and Active Lifestyle
Developing Skills	Making and Applying	Physical and Mental Capacity	Evaluating and Improving