

	Subject: CRICKET Fielding	Year:	Group:	Total No.:	M:	F:
	Lesson: Retrieving, fast moving ball,	Ability:	Period:	SEN:		
	NCPE Location: 1.1a; 1.1b; 1.1c; 1.2c; 1.3a; 1.3b; 2.1a; 2.1b; 2.2c; 2.2a; 2.2b; 2.2c; 2.2d; 2.3a; 2.3b; 2.4a; 2.4b; 2.4c; 2.4d; 3.3c; 3.4c; 4a; 4b; 4c; 4d; 4e; 4f; 4g	Duration:	w/c			

Objectives: To be able to perform these skill accurately under pressure and be able to retrieve a fast moving ball to gain an ascendancy over the batting team. To be able to perform an accurate pick up and throw on the move to outwit the batters and runners when fielding

Key Aspect of Transfers of Skills and Analysis	Throughout every aspect of this sessions: <ul style="list-style-type: none"> - Discuss and analyse the different types of fielding skills found in Cricket, Rounders and Softball - Identify the similarities and the teaching points found in each of these skills, and techniques to gain ascendancy and outwit opponents and batters - Get the students to transfer the fielding skills, tactics and approaches to gain ascendancy when performing in activities and within the games
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Activity	Description	Objectives	Teaching Points	Evaluation / Performance	Differentiation and Creativity
Warm Up	Shuttle runs to positions: Picking up and retrieving ball in pairs	To understand and know the benefits of a warm-up prior to exercise To perform the skills and actions within the warm-up To know and understand the different positions on a cricket field	<ul style="list-style-type: none"> - Run hard and efficient - Pick up ball with one hand - Carry ball in two hands - Throw ball to partner near line 	Observe pupils performances	Q&A About the benefits of a warm up and stretching when performing physical activity
Pair Stretching	Students arranged in a circle. Teacher leads through series of stretches and questions students as to what muscles we were stretching.	To understand the importance of stretching at the start of the session. To know the names of major muscles. To carry out in pairs correct stretching routines safely.	Hold stretches for 8 seconds. No bouncing.	Q & A on benefits of stretching and their warm ups	<ul style="list-style-type: none"> ↑ Get pupils to incorporate stretching with Objects used in lesson
Retrieving, fast moving ball, Throwing, catching on move	<p>1. In pairs - Throwing at the wickets in-front of them</p> <p>2. In pairs – A rolls ball away from B. B rakes ball up, turns and throws</p> <p>3. COMP: 3 Attempts at hitting wicket or WK retrieving a fast ball.</p> <p>4. Throw from distance after receiving fast ball using bounce approach.</p> <ul style="list-style-type: none"> - Discuss how they outwit the opponent from using these fielding skills - Discuss how other skills previously learnt in Rounders, Cricket and Softball can help the progress and outwit opponents within numerous fielding situations 	<p>To further develop their performances, knowledge, and understanding of advanced fielding techniques used in Cricket</p> <p>To further develop knowledge and understanding of how to perform these movements whilst performing them at speed</p> <p>To be able to perform these skill accurately under pressure and be able to retrieve a fast moving ball to gain an ascendancy over the batting team.</p> <p>To be able to perform an accurate pick up and throw on the move to outwit the batters and runners when fielding</p> <p>To use strength, speed and accuracy in the catches and fielding skills</p> <p>To be able to analyse performances, identifying strengths and weaknesses of the catches and fielding skills</p>	<ul style="list-style-type: none"> - Anticipate the ball - Attack the ball - Get in line with line of ball - Pick up with one hand - Aim at target with other - Remain in a balanced position, arms out - Use correct throw, depending on distance away from stumps <p>Back up stumper</p>	Ask students in pairs for feedback about strengths and weaknesses regarding their throwing, catching and movement skills. Use skill peer evaluation sheets to identify strengths and weaknesses	<ul style="list-style-type: none"> ↓ Bigger targets ↓ Stationary ball ↑ Increase speed of ball ✎ - Ask the students how they can make the tasks easier / harder ✎ - Pupils devise strategies to enhance these skills ✎ - Refine attacking skills
Games	GAME: 8 v 8 cricket – all cricket rules apply. Keep score and game running over lessons.	To be able to officiate games correctly understanding the laws of the game and perform the umpiring signals used To incorporate Bowling, Batting, Fielding, and catching into small	Use appropriate skills to bat, bowl and field Pupils must constantly look to outwit the batters and opponents	Q & A : Are they outwitting their opponents when fielding	<ul style="list-style-type: none"> ↑ Attack the ball at pace after each shot is played ✎ - Discuss the influential strategies

	- Discuss, observe and listen to the students feedback of how you transfer these fielding skills when outwitting the opponents, bowlers and fielding teams alongside other fielding skills used, performed and learnt in Rounders, Cricket and Softball	sided games of Cricket To outwit the opponents when fielding, backing up, throwing and attacking the ball To use a variety of fielding techniques, approaches and skills to out wit the batters when fielding	when fielding, backing up, throwing and attacking the ball		and tactics used to beat opponents			
Cool Down	Gentle walking for 2 minutes around cricket boundary	To understand why you Cool Down and do rhythmical movement after exercise	- Gentle walking speed. - Take in deep breaths - Keep upright	Q & A on the teaching points and objectives of the skill and lesson	↑ Ask pupils questions why a Cool down is essential after exercise			
Informed Choices and Lifestyle	Discuss the numerous jobs available in Cricket e.g. Referee, Coach, Manager, Physiotherapist, Masseur, Development officer, Liaison officer, Sport Rehabilitation, Sports Doctor, Sports Psychologist, Dietician, Sports Journalist, Sports Analyst, Sports Designer - Discuss one role							
Equipment	Cricket Pitch Balls, Cones, Bats, Stumps, Bails, Score book, Chalk, Chairs, Fielding Charts, Windballs. Wicket - Keeping - Gloves, Pads, and protectors. Batting pads, gloves, helmets and protector, peer evaluation							
ICT	Assessment	Citizenship	Peer Evaluation	Literacy	Numeracy	Pupil planning		
Analysis of perf.	Evaluation	Feedback	Q & A	Mathematics	Art	English	Science	Technology
Comments / Notes:								
HEALTH AND SAFETY THROUGHOUT THIS LESSON								
- Check surfaces are safe for bowling and batting e.g. Flat & Smooth to prevent deflections up into bodies - Remove glass and objects - Pupils whom are fielding must always be MORE THAN 11 METRES AWAY FROM THE HITTER. - Pupils must always keep their eyes on the ball								
ADDITIONAL COMMENTS FOR LESSON, SCHEME AND PLANNING DEVELOPMENT								
Competence	Performance		Creativity		Health and Active Lifestyle			
Developing Skills	Making and Applying		Physical and Mental Capacity		Evaluating and Improving			