

	Subject: Rounders Batting	Year:	Group:	Total No.:	M:	F:
	Lesson Description: Backward hit	Ability:	Period:	SEN:		
		Duration:	w/c			

Objectives: To understand and develop their knowledge of the different types of tactics used in Rounders and the backward hit. To learn different types of tactics found when a backward hit occurs to outwit the opponents, fielders and bowlers when batting. To be able to outwit opponents when a backward hit occurs.

Key Aspect of Transfers of Skills and Analysis	Throughout every aspect of this session :
	- Discuss and analyse the different types of Batting techniques, strikes, strokes, stances and actions found in Cricket, Rounders and Softball
	- Identify the similarities and the teaching points found in each of these batting skills in order to gain ascendancy when batting to outwit the bowlers / fielders
	- Get the students to transfer the batting skills, tactics and approaches to gain ascendancy when performing the shots in activities and within the games

Activity	Description	Objectives	Teaching Points	Evaluation / Performance	Differentiation and Creativity
Student led warm up	The pairs chosen last lesson lead the warm up	To be able to lead the group through heart raising exercises.	- listen to and follow instructions of those leading the warm-up	Listen and observe warm ups and answers	🕒 Ask students how they could make warm up easy / harder / intense
Backward hit - Discuss how they outwit the opponent from using these skills	Backward hit situation – bowler bowls as normal, backstop stops the ball as if it were a backwards hit. 1 st post player moves to 2 nd post, backstop throws directly to 2 nd post Introduce a runner from 1 st to 2 nd post to create pressure on fielders Bowler walks to backstop to collect the ball in the backward area. Bowler then jogs back to bowling square, throwing the ball to 2 nd post if the batter decides to run to 2 nd - with and without runner	To understand and develop their knowledge of the different types of tactics used in Rounders and the backward hit to outwit the opponents, fielders and bowlers when batting To understand and know the rules and regulations regarding scoring, fouls, and pitch markings for a backward hit. To learn different types of tactics found when a backward hit occurs to outwit the opponents, fielders and bowlers when batting To be able to perform the different signals and calls in Rounders appropriately To be able to outwit opponents when a backward hit occurs	Deep fielders behind 2 nd post back up in case of an over throw, in –fielder covers 3 rd post in case fielders miss runner who runs past 2 nd post Runner – runs hard and straight Backstop – Walks to line, stops before, aims and throws to	- Identify strengths and weaknesses in teams and individuals <i>Listen to pupils feedback and evaluation regarding the strengths weaknesses of the moves, tactics and strategies that will enable their team to outwit opponents</i> Q & A : Are the skills, moves and tactics predictable or unpredictable Q & A : Is speed, depth and power being shown with the ball Q & A : Are they performing the skills and techniques at speed Q & A : Are mistakes minimal	🕒 – Pupils in pairs and teams discuss tactics, strengths and weaknesses about how to beat opponents M/C : How are they outwitting their opponents when Playing games of Rounders 👆 If they get to 2 nd Post safe – allow him to carry on
GAME - Discuss how other skills previously learnt in Rounders, Cricket and Softball can help the progress and outwit	- Whole games - Equal teams - Discuss tactics ***** Play 20 ball games ***** Discuss the option of using this type of game ***** Play timed games ***** Discuss the option of using this type of game	To perform the correct methods of hitting, turning body, throwing, backing up, communication, Post running, bowling, batting and retrieving the ball To understand the differences between right and left handed batters in Rounders, and the appropriate field changes. To use their knowledge / understanding of the skills and game to play to the laws and to the best of their ability.	- Use correct bowling, fielding, Post work, and batting techniques - If the ball is hit the batter has to run - Fielders no closer than the edge of the diamond. - Try and turn body to hit ball around different areas of the out field - Hit ball down by rolling wrist - Pupils must constantly look to outwit the	Ask the students to highlight numbers, terms, commands and strategies in Rounders games and activities Q & A : Are they performing the skill and techniques at speed Q & A : Are they making the correct decisions when fielding and batting Q & A : Are they outwitting opponents whilst fielding, at Posts or batting	🕒 – Ask the students about tactics for backward hit and tactics found 🕒 – Pupils in pairs refine new skills to perform skills with power and dominance

opponents within numerous situations				bowlers, fielders and opponents when batting, calling, communicating and running		
Cool Down	The 2 students chosen to lead the cool down do so	To understand why you Cool Down and do rhythmical movement after exercise		- listen to and follow instructions of those leading the cool down - complete exercises and stretches	Ask students for feedback regarding their performances	⬆ Ask pupils questions why a Cool down is essential after exercise
Informed Choices and Lifestyle	Describe the importance of having qualified Rounders coaches and highlight the Rounders coaching courses available in the region along with seminars for aspiring / emerging players Describe the importance of having qualified Rounders umpires and highlight the umpire courses available in the region along with seminars for aspiring / emerging players and umpires					
Equipment	Tennis Balls, Cones, Bats, spoon bats, Rounders Sheets, Windballs, Rounders Balls, Pen, Whiteboard, Video Player, Digital Camera, TV, Video, Tees, Score sheets, peer evaluation handouts					
ICT	(A) Assessment	(C) Citizenship	(E) Peer Evaluation	(L) Literacy	(N) Numeracy	(PP) Pupil planning
Comments						

HEALTH AND SAFETY THROUGHOUT THIS LESSON

- Use tennis balls or soft balls - Pupils must all throw the same way - Pupils must never try to stop the ball with their feet, shins or body.
- Space out the games / practices so that there is minimal risk - Never allow pupils to perform the actions if injured or ill
- Stretch out major muscles - Pupils must remain within in and out boxes - The wicket keeper must NEVER get too close
- Players must drop their bat after hitting the ball, but must not throw it back - Pupils must not be any closer than the diamond line or 10 metres behind
- KEEP EYE ON BALL - Pupils must not obstruct opponents – MUST Follow school health and safety procedures

ADDITIONAL COMMENTS FOR LESSON, SCHEME AND PLANNING DEVELOPMENT

Competence	Performance	Creativity	Health and Active Lifestyle
Developing Skills	Making and Applying	Physical and Mental Capacity	Evaluating and Improving